

Social Prescribing links patients in with a range of local, nonmedical services to improve their health and wellbeing. This helps to address needs in a more holistic way.

> "I couldn't see the light at the end of the tunnel but you could and that kept me going. I don't think I could have dealt with it all alone, thank you" Patient feedback after Social Prescribing

"Sometimes challenging circumstances are impacting health & wellbeing, we can link patients with services that help make positive change to improve quality of life and reduce stress" Social Prescribing Link Worker Feedback

<image>

"I didn't know these services existed although I've lived in Merton all along!" – Patient feedback after Social Prescribing

ASK A MEMBER OF THE GP TEAM HOW YOU

## CAN ACCESS SOCIAL PRESCRIBING



## NHS

## **South West London**

